

New Zealand Diploma in Holistic Nutrition, Level 6

Completing a Level 6 Diploma in Holistic Nutrition can open doors to diverse and fulfilling career paths such as:

Nutritional Advisor Salary range \$50,000 - \$90,000+:

Provide personalized dietary and lifestyle advice to individuals or groups seeking to improve their health. Work in various settings, including private practice, health clinics, wellness centers, spas, gyms, or corporate wellness programs.

Physical Wellness and Lifestyle Advisor Salary range \$52,000 - \$85,000+:

Guide clients in adopting healthy lifestyle habits for overall well-being. Offer holistic counseling on exercise, sleep, stress management, and nutrition in gyms, wellness centers, or private practice.

Retail Worker (Specialty Stores) Salary range \$48,000- \$60,000+:

Leverage your knowledge in health food stores, supplement shops, or organic grocery stores to advise customers on product choices and their health benefits.

Community Educator Salary range \$48,000 - \$70,000+:

Deliver workshops or presentations on healthy eating, sustainable food choices, and nutrition for specific needs (e.g., diabetes, allergies) in community centers, schools, or workplaces.

Food Service Consultant Salary range \$50,000 - \$70,000+:

Work with restaurants, cafes, or catering companies to develop healthy and nutritious menu options, considering dietary restrictions and preferences.

Additional Possibilities:

Combine this Diploma with personal training certification:

Offer holistic nutrition guidance alongside fitness training for a comprehensive approach to clients' health goals

Specialise in a specific area:

Further your education into areas like sports nutrition, pediatric nutrition or digestive health to cater to more niche clientele

Become a writer or content creator:

Share your knowledge through blog posts, articles, or social media content on healthy eating and holistic living.

Start your own business:

Open a private practice, launch a nutrition counseling service online, or develop and sell healthy food products, to name just a few ideas that this diploma would prepare you to pursue.